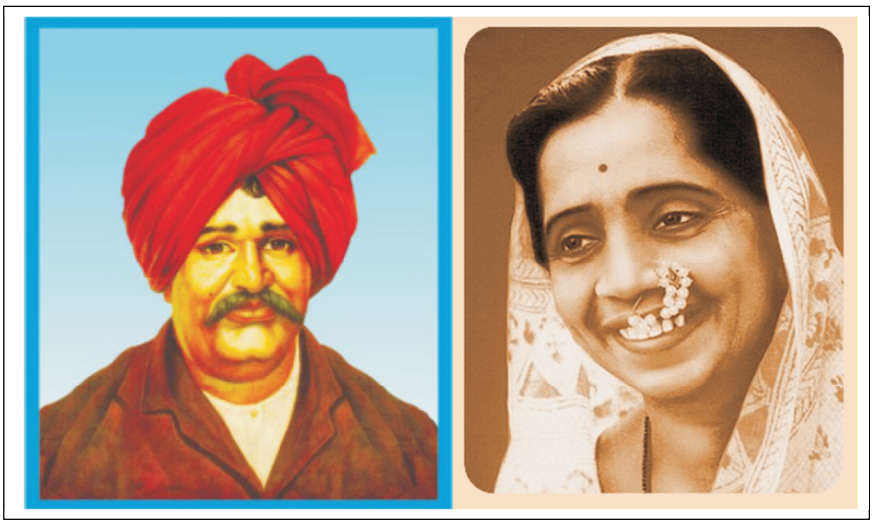

Venutai Women's College of Education, Satara

(B.Ed.)

90/91,Raviwar Peth, Lonar Galli, Pawai Naka, Satara- 415 002.

PLO'S & CLO'S

Venutai Women's College of Education, Satara

90/91 Raviwar Peth, Lonar Galli, Pawai Naka, Satara 415 002

Program: Bachelor of Education (B.Ed.)

Program Learning Outcomes (PLOs) and Course Learning Outcomes (CLOs)

PLO	Statements
On completion of a 2-year Bachelor of Education (B.Ed.) Program student teachers will be able to demonstrate:	
PLO 1	**Demonstrate core values such as** (i) Commitment to the profession or job requirements; values that guide the profession; and seeking out new challenges/assignments that improve student learning; (ii) Honouring diversity and ensuring inclusion by treating all students and colleagues with respect and dignity, showing respect for and sensitivity to gender, cultural and religious differences; and challenging prejudice, biases and intolerance in the workplace etc.; (iii) Ethical integrity which involves maintaining ethical standards; resisting pressure in decision-making; displays honest behaviour; and not abusing power/authority.
PLO 2	**Core competencies such as** (i) communication skills required to articulate thoughts and ideas clearly/effectively using oral and written communication skills, and to present information and explanations in a well-structured and logical manner; (ii) working effectively with students and their parents which involves interacting with students, parents and community members to know the students, their families and social and cultural contexts; determining learning readiness/prerequisites required by students; and Identifying their learning difficulties; and (iii) drive for achieving improved student learning outcomes.
PLO 3	**Demonstrate professional/technical knowledge** (What prospective teachers are expected to know) of the physical, social, and intellectual development and characteristics of students and how these may affect learning; undertaking research into

	how students learn and the implications for teaching; and identifying teaching strategies that are responsive to the learning strengths and needs of students from diverse linguistic, cultural, religious and socioeconomic backgrounds.
PLO 4	**Demonstrate disciplinary knowledge and understanding** of strategies for differentiating teaching to meet the specific learning needs of students across the full range of abilities; teaching strategies that support participation and learning of differently-abled students; both school education and teacher education-related subjects, including concepts, substance and structure of the content, and approaches to organising content into an effective learning sequence.
PLO 5	**Demonstrate knowledge required to design learning sequences and lesson plans**; implement teaching strategies using ICT to improve the teaching-learning process; set explicit, challenging and achievable learning goals for all students; and plan and implement well-structured learning and teaching programmes or lesson sequences that engage students and promote learning.
PLO 6	**Demonstrate professional competencies/practice (What prospective teachers will be able to do) that are required to select and use relevant teaching strategies to develop knowledge, skills, and attitude** select and/or create and use a range of resources, including ICT, to engage students in their learning; use effective verbal and non-verbal communication strategies to support student understanding, participation, engagement and achievement; evaluate teaching and learning programmes using evidence, including feedback from students and student assessment data, to inform planning; establish and implement inclusive and positive interactions to engage and support student participation in classroom activities.
PLO 7	**Demonstrate professional competencies/practice that are required to manage school and classroom activities**; ensure students' well-being and safety within school by implementing school and/or system, curriculum and legislative requirements; and incorporate strategies to promote the safe, responsible and ethical use of ICT in learning and teaching.
PLO 8	**Demonstrate professional competencies/practice that are required to develop, select and use informal and formal, diagnostic, formative and summative assessment strategies to assess student learning**; provide timely, effective and appropriate feedback to students about their achievement relative to their learning

	goals; participate in assessment moderation activities to support consistent and comparable assessment of student learning; use student assessment data to analyse and evaluate student understanding of subject/content, identifying interventions and modifying teaching practice; and report on student achievement, making use of accurate and reliable records.
PLO 9	**Demonstrate competencies and actions required for keeping oneself professionally engaged and participate in learning** to update knowledge and practice, targeted to professional needs and school and/or system priorities; contribute to collegial discussions and apply constructive feedback from colleagues to improve professional knowledge and practice; meet codes of ethics and conduct established by the education systems and schools; establish and maintain respectful collaborative relationships with parents/guardians regarding their children's learning and well-being and participate in professional and community networks and forums to broaden knowledge and improve practice.
PLO 10	**Demonstrate women's empowerment** in various dimensions such as personal, professional, and social through Positive Self- Concepts, professional competencies, and Awareness of Women's Issues and Rights.

To achieve the above Program learning outcomes of B.Ed. The SNDT Women's University syllabus has prescribed 12 theory courses (9 perspective courses, 2 pedagogy courses, and 1 elective course), 7 Practical Enhancing Professional Capacity courses (EPC), and 2 field engagement courses. Following are the Course Learning Outcomes (CLOs) that are aligned with the above PLOs.

Course Learning Outcomes (CLO)

Perspective Courses

Course 1	Childhood and Growing Up
Course code:	**1001**
Target PLO(s)	**PLO 3, PLO 4 & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain various concepts such as Growth and Development, Stages of Development;
CLO 2	analyze child physical, social, and intellectual development and characteristics of students and how these may affect learning;
CLO 3	apply various learning theories in teaching-learning practice;
CLO 4	identify individual differences among learners;
CLO 5	identify teaching strategies that are responsive to the learning strengths and needs of students from diverse linguistic, cultural, religious and socioeconomic backgrounds;
CLO 6	undertake research into how students learn and the implications for teaching.

Course 2	Contemporary India and Education
Course code:	**1002**
Target PLO(s)	**PLO 1, PLO 3 & PLO 10**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	journaling the clear picture of present Indian society;
CLO 2	analyze the current issues and problems in Indian Society.;
CLO 3	charting women's Issues and Rights;
CLO 4	assess the role of education as a system of social change;
CLO 5	structuring one ‘s own philosophical approach regarding education;
CLO 6	adopt values of the Indian constitution in personal, professional, and social life

Course 3	Critical Understanding of ICT
Course code:	**1003**
Target PLO(s)	**PLO 5, PLO 6 & PLO 8**
CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain various aspects and the role of ICT in education;
CLO 2	integrate different ICT-based strategies in the teaching-learning process;
CLO 3	analyze various aspects and roles of ICT in education;
CLO 4	evaluate the effectiveness of ICT-based teaching-learning and assessment strategies in education;
CLO 5	structuring one 's own philosophical approach regarding education;
CLO 6	create useful ICT-based media and assessment tools for teaching-learning and assessment.

Course 4	Teaching and Learning
Course code:	**1004**
Target PLO(s)	**PLO 3, PLO 4 & PLO 5**
CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	outline the process and stages of learning;
CLO 2	categorize the types of knowledge;
CLO 3	appraise various views on human learning in different situations;
CLO 4	adapt various constructivist principles of learning-teaching to facilitate students' learning;
CLO 5	analyze different learning theories in the context of 21st-century learners;
CLO 6	design Lerner-centred teaching-learning practices to develop various cognitive skills;

Course 5	Language across Curriculum
Course code:	**1005**
Target PLO(s)	**PLO 2, PLO 4 & PLO 6**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	discuss the basic nature and characteristics of language;
CLO 2	explain the place of language and centrality of language in school curriculum
CLO 3	use effective verbal and non-verbal communication strategies to support student understanding, participation, engagement, and achievement;
CLO 4	analyze the process and stages of acquisition of language In respect of different languages acquisition theories;
CLO 5	evaluate the effectiveness of ICT-based teaching-learning and assessment strategies in education;
CLO 6	design innovative instructional material for students' language development.

Course 8	Assessment for Learning
Course code:	**2008**
Target PLO(s)	**PLO 6, PLO 7 & PLO 8**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain various concepts such as assessment (Formative and summative), measurement, evaluation, test, examination, and Grading;
CLO 2	use different statistical techniques to analyze student assessment data and evaluate student understanding of the subject/content for identifying interventions, and modifying teaching practice;
CLO 3	analyze examination reforms in India;
CLO 4	evaluate the current examination system and its Impact on education;
CLO 5	adopt a constructivist approach to assessment for school-based assessment.
CLO 6	create different assessment tools such as assessment rubrics, checklists, unit tests, portfolios, oral, written tests, etc.

Course 9	Knowledge and Curriculum
Course code:	**2009**
Target PLO(s)	**PLO 3, PLO 4, PLO 5, PLO 6 & 07**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	describe the epistemological bases of modern child-centered education;
CLO 2	explain the determinants of curriculum development;
CLO 3	relate constitutional values with education;
CLO 4	examine educational implications of nationalism, universalism, secularism, multiculturalism, and multilingualism;
CLO 5	justify changes in education due to advancements in ICT and educational psychology
CLO 6	develop appropriate learning resources to facilitate different types of knowledge.

Course 10	Inclusive Education
Course code:	**2010**
Target PLO(s)	**PLO 1, PLO 3, PLO 4, & PLO 6**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the causes characteristics and special needs of children with physical, mental, economic, cultural diversity and learning disability
CLO 2	demonstrate honouring diversity and ensuring inclusion by treating all students and colleagues with respect and dignity, showing respect for and sensitivity to gender, cultural, and religious differences;
CLO 3	identifying teaching strategies that are responsive to the learning strengths and needs of students from diverse linguistic, cultural, religious and socioeconomic backgrounds.
CLO 4	use cooperative and collaborative learning strategies to facilitate the different needs of the learners;
CLO 5	establish inclusive and positive interactions to engage and support student participation in classroom activities.;
CLO 6	design teaching-learning strategies that support the participation and learning of differently-abled students.

Course 11	Gender, School, and Society
Course code:	2011
Target PLO(s)	PLO 1, PLO 6, & PLO 10

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	describe issues concerned with women;
CLO 2	explain various social reform movements in India with respect to women;
CLO 3	organize training and counselling for various personnel regarding gender equality and women empowerment.
CLO 4	suggest remedial measures to overcome constraints to education of women;
CLO 5	analyse various social reform movements in India with respect to women rights and empowerment;
CLO 6	design learning experiences for gender sensitization and women empowerment.

Elective Courses

Course 12	Peace Education
Course code:	(Elective-1)
Target PLO(s)	

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	discuss the philosophical, sociological basis of peace education.
CLO 2	explain the need for peace education
CLO 3	describe qualities of peace educator
CLO 4	acquire essential qualities as a peace educator
CLO 5	Inculcate core elements given by NPE (1986) Develop learning experience for promoting peace

Course 12	Guidance and counselling
Course code:	(Elective-2)
Target PLO(s)	PLO 5, PLO 6 & PLO 7

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the concept, meaning, and process of guidance and counselling;

CLO 2	manage challenging behaviour and address discipline issues promptly, fairly and respectfully through the guidance and counselling;
CLO 3	ensure students' well-being and safety within the school by providing guidance and counselling;
CLO 4	locate issues of adolescents requiring counselling;
CLO 5	provide guidance for career information;

Course 12	**Sustainable Development**
Course code:	**(Elective-3)**
Target PLO(s)	**PLO 1, & PLO 2**
CLO	Statements

On completion of this course, student teachers will be able to:

CLO 1	relate human development with nature
CLO 2	narrates programs for sustainable development by Government and NGOs
CLO 3	relate energy crisis with depletion of natural resources
CLO 4	suggest various ways and means for sustainable development
CLO 5	implement various curricular and co-curricular activities for sustainable development

Course 12	**Human Rights Education**
Course code:	**(Elective-4)**
Target PLO(s)	**PLO 1, PLO 2 & PLO 7**
CLO	Statements

On completion of this course, student teachers will be able to:

CLO 1	elaborate the Universal declaration of human rights
CLO 2	develop various teaching strategies for human rights education.
CLO 3	evaluate the role of educational institutions and NGO'S in human right education
CLO 4	explain the issues and challenges of RTE.
CLO 5	elaborate the Universal declaration of human rights

Pedagogy Courses

Course 06	**English Language Education**
Course code:	**1101 (Pedagogy course-1)**
Target PLO(s)	**PLO 3, PLO 4, PLO 6 & PLO 8**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the disciplinary nature, structure, and importance of the English Language as a school subject;
CLO 2	describe major concepts, principles, perceptive, and features of English Language at the school level;
CLO 3	plan for developing four Basic Skills of English Language through English teaching - write instructional objectives of teaching a topic;
CLO 4	use various methods and models of teaching in teaching of English Language - facilitate self-learning of English;
CLO 5	develop, informal and formal, diagnostic, formative, and summative assessment strategies to assess student learning;
CLO 6	analyze features and principles of curriculum development of the English Language
CLO 7	conduct action research on day-to-day problems of teaching English.

Course 06	**हिंदी भाषा शिक्षण**
Course code:	**1103 (Pedagogy course-1)**
Target PLO(s)	**PLO3, PLO4, PLO6 & PLO8**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	एक स्कूली विषय के रूप में हिंदी भाषा की अनुशासनात्मक प्रकृति, संरचना और महत्व की व्याख्या कर करना;
CLO 2	उच्च प्राथमिक तथा उच्च माध्यमिक स्तर पर हिंदी अध्यापन के उद्देश तथा उद्देशाओ की श्रेणी तथा अन्य विषयों के ससंबंध को स्पष्ट करना;
CLO 3	हिंदी भाषा के आशय विश्लेषण के साथ सहशाला उपकमो का नियोजन करना;
CLO 4	हिंदी भाषा के विविध विधियाँ तथा प्रतिमान और स्त्रोतों अध्यापन में उपयोग करना;
CLO 5	संकलित तथा विक्सत्मक मूल्यांकन के लिए मूल्यांकन उपकरण विकसित करना;
CLO 6	एक शिक्षक के रूप में स्वयं के सतत विकास के लिए विभिन्न उपक्रमों, कार्यक्रमों में शामिल होना;
CLO 7	हिंदी के रोजमर्रा के शिक्षण में समस्याओं को हल करने के लिए क्रियात्मक अनुसंधान करना।

Course 06	Mathematics Education
Course code:	1107 (Pedagogy course-1)
Target PLO(s)	PLO3, PLO4, PLO6 & PLO8

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the disciplinary nature of mathematics as a school subject;
CLO 2	plan learning experiences, curricular and co-curricular activities of mathematics;
CLO 3	use relevant teaching strategies to develop mathematical knowledge, skills, and attitude;
CLO 4	develop, informal and formal, diagnostic, formative, and summative assessment strategies to assess student learning;
CLO 5	organize the mathematical fair, and exhibitions for school students as well as society;
CLO 6	conduct action research on day-to-day problems of mathematics teaching.

Course 06	Marathi Language Education
Course code:	1109 (Pedagogy course-1)
Target PLO(s)	PLO3, PLO4, PLO6 & PLO8

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	शालेय भाषा म्हणून मराठी भाषेचे महत्त्व व स्वरूप स्पष्ट करणे.
CLO 2	मातृभाषा मराठी अध्यापनाची बदलती संकल्पना स्पष्ट करणे
CLO 3	मराठी भाषा अध्यापनासाठी विविध अध्यापन पध्दती, प्रतिमाणे, तंत्रे, साधने यांचा वापर करणे
CLO 4	मराठी अध्यापन करण्यासाठी विविध भाषा साहित्य प्रकारांचा वापर करणे
CLO 5	मराठी विषयाच्या पाठयपुस्तकांचे परिक्षण करणे
CLO 6	मराठीच्या अकारीत मूल्यमापनासाठी मूल्यांकन साधने विकसित करणे
CLO 7	मराठीच्या दैनंदिन अध्यापनातील समस्या सोडविण्यासाठी कृती संशोधन करणे

Course 07	Geography Education
Course code:	1111 (Pedagogy course-2)
Target PLO(s)	PLO3, PLO4, PLO6 & PLO8

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the Definition, Nature, Aims, and Values of Teaching Geography;
CLO 2	analyze features of the existing curriculum of Geography in the light of NCF 2005 and principles of curriculum development;
CLO 3	explain Major Geographical concepts, principles, and theories of Geography and Implement co-curricular activities for Geography;
CLO 4	use of various cooperative learning methods and models of teaching and various learning resources to promote teaching Geography;
CLO 5	conduct a continuous and comprehensive evaluation.

Course 07	History Education
Course code:	1112 (Pedagogy course-2)
Target PLO(s)	PLO3, PLO4, PLO6 & PLO8

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the nature and structure of History and political Science Education;
CLO 2	analyse features of the existing curriculum of History and politics Education in the light of NCF 2005 and principles of curriculum development History and Political Science Education at the secondary school level;
CLO 3	using learning resources for history &political science Education
CLO 4	plan teaching major concepts, principles and cocurricular activites of History and Political Science Education at school level;
CLO 5	use of various teaching-learning methods and models of teaching and various learning resources to promote teaching History and Political Science;
CLO 6	conduct a continuous and comprehensive evaluation of History and Political Science.

Course 07	Science and Technology Education
Course code:	1114 (Pedagogy course-2)
Target PLO(s)	PLO3, PLO4, PLO6 & PLO8

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the nature and structure of science;
CLO 2	analyze features of existing curriculum of Science and Technology in the light of NCF 2005 and principles of curriculum development;
CLO 3	using learning resources for history &political science Education
CLO 4	plan teaching major concepts, principles and cocurricular activites of Science and Technology at school level;
CLO 5	use of various teaching-learning methods and models of teaching and various learning resources to promote teaching Science and Technology;
CLO 6	conduct a continuous and comprehensive evaluation of Science and Technology.

Enhancing Professional Capacities (EPC) Courses

Course: EPC-1	Skill Development Program (I. Micro-teaching II. Integration Lesson)
Course code:	1301
Target PLO(s)	PLO 5, PLO 6, & PLO 7

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the nature of different micro-teaching skills;
CLO 2	plan micro lessons to practice micro-teaching skills;
CLO 3	demonstrate micro-teaching skills;
CLO 4	demonstrate the integration of different micro-teaching skills;
CLO 5	use different micro-teaching skills in practice lesson
CLO 6	assess peer skill performance.

Course: EPC-2	Teaching-learning Competency (I. Reading and Reflecting on Texts, II. Preparation for constructivist teaching-learning)
Course code:	**1302**
Target PLO(s)	**PLO 2, PLO 5, PLO 6, & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	read and respond to a variety of texts in different ways;
CLO 2	think together, depending on the text and the purposes of reading;
CLO 3	demonstrate awareness to become conscious of their own thinking processes as they grapple with diverse texts;
CLO 4	plan preparatory lessons followed by a constructivist approach;
CLO 5	assess peer lessons based on constructivist principles of teaching-learning.
CLO 6	design different constructivist learning activities for lessons.

Course: EPC-3	Learning to use Computer in Education
Course code:	**1303**
Target PLO(s)	**PLO 5, PLO 6, & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	search appropriate web resources for teaching-learning;
CLO 2	prepare multimedia presentations to cater students' learning styles and improve the teaching-learning process;
CLO 3	access OER that are useful for teaching, learning, and assessing as well as for research purposes;

Course: EPC-4	Understanding the Self
Course code:	**1304**
Target PLO(s)	**PLO 1, PLO 9, & PLO 10**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain own's strengths, weaknesses, and personality;
CLO 2	explore self-Values, self-image, dreams, aspirations, and concerns, through varied forms of self-expression, including poetry and humor, creative movement, aesthetic representations, etc;
CLO 3	appraise own individual and collective self;
CLO 4	outline positive Self- Concepts as women;
CLO 5	promote and embrace continuous development of self as a teacher with reflective practices.

Course: EPC-5	Drama and Art in Education
Course code:	**1305**
Target PLO(s)	**PLO 5, PLO 6, & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the need and importance of dram and art in education;
CLO 2	prepare script for dramatization and present involving school students;
CLO 3	appreciate movie/video program/play/drama;
CLO 4	participate in a street play/ skit/drama/musical program/ dance to create awareness of social/ educational problems and remedies;
CLO 5	organize an exhibition on a theme like Indian culture, national integration etc.
CLO 6	design drama/art-based instructional plans.

Course: EPC-6	Research Project
Course code:	**2306**
Target PLO(s)	**PLO 3, PLO 4, & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the concept and nature of educational research;
CLO 2	demonstrate research attitude;
CLO 3	select appropriate research methods and techniques to gather relevant data;
CLO 4	utilize software tools and statistical methods to collect, process and organize research data effectively.;
CLO 5	formulate well-reasoned conclusions based on the analysis of the research findings, considering alternative explanations and viewpoints.
CLO 6	find out solutions to various educational problems.

Course: EPC-7	Preparation and submission of a portfolio
Course code:	**2307**
Target PLO(s)	**PLO 3, PLO 4, & PLO 7**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	explain the nature and importance of the portfolio;
CLO 2	reflect self-learning journey as pupil-teacher during 2 years of B.Ed.;
CLO 3	evaluate self-learning as a pupil-teacher during 2 years of B.Ed.;
CLO 4	showcase/organize ideas, thoughts, and evidences systematically in physical or online mode;

Engagement with Field

Course: EWF-1	Practice teaching
Course code:	**1401**
Target PLO(s)	**PLO 4, PLO 5 & PLO 6**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	analyze teaching content of school subjects;
CLO 2	set explicit, challenging and achievable learning goals for all students;
CLO 3	define expected learning outcomes of a lesson;
CLO 4	organize school subject content into an effective learning sequence;
CLO 5	use effective verbal and non-verbal communication strategies to support student understanding, participation, engagement and achievement;
CLO 6	plan and implement well-structured lesson sequences that engage students and promote learning;

Course: EWF-2	Internship and Practice Teaching
Course code:	**1402**
Target PLO(s)	**PLO 1, PLO 2, PLO3, PLO 4, PLO 5, PLO 6, PLO 7, PLO 8 & PLO 9**

CLO	Statements
On completion of this course, student teachers will be able to:	
CLO 1	describe the roles, and responsibilities of a teacher;
CLO 2	explain organizational structure of school education;
CLO 3	analyze the experiences taken during the internship and practice lessons;
CLO 4	design instructional strategies for differentiating teaching to meet the specific learning needs of students across the full range of abilities;
CLO 5	adopt teaching strategies using ICT to improve the teaching-learning process at class;
CLO 6	incorporate strategies to promote the safe, responsible and ethical use of ICT in learning and teaching.
CLO 7	prepare achievement tests, assessment rubrics, and written and oral exams to assess students learning;
CLO 8	provide timely, effective, and appropriate feedback to students about their achievement relative to their learning goals
CLO 9	participate in assessment moderation activities to support consistent and comparable assessment of student learning
CLO 10	use student assessment data to analyse and evaluate student understanding of subject/content, identifying interventions and modifying teaching practice; and report on student achievement, making use of accurate and reliable records;
CLO 11	organize various curricular and co-curricular activities at school;

CLO 12	use reflective practices and metacognition for continuous development as a teacher;
CLO 13	manage classroom activities by establishing and maintaining orderly and workable routines to create an environment where student time is spent on learning tasks
CLO 14	manage challenging behaviour by establishing and negotiating clear expectations with students and address discipline issues promptly, fairly, and respectfully
CLO 15	ensure students' well-being and safety within the school by implementing school and/or system, curriculum, and legislative requirements;

Value added Courses

Course: 1	**Introduction to Yoga**
Course code:	
Target PLO(s)	**PLO 1, PLO 2 & PLO 10**

CLO	**Statements**
On completion of this course, student teachers will be able to:	
CLO 1	list the correct progressions in a given pose
CLO 2	demonstrate proficiency at the poses covered in class (at a basic level);
CLO 3	apply forces and exert themselves using rarely used muscle group;
CLO 4	perform proper breathing techniques;
CLO 4	demonstrate greater sense of body self-esteem and appreciation for the art of yoga.





PLO and Course Mapping

Program Outcomes (PLO)	C-1	C-2	C-3	C-4	C-5	C-6	C-7	C-8	C-9	C-10	C-11	C-12	EPC-1	EPC-2	EPC-3	EPC-4	EPC-5	EPC-6	EPC-7	EWF-1	EWF- 2	Preparator workshops	Value Added Course -1
PLO 1		X								X	X					X	X		X		X	X	X
PLO 2					X					X	X		X	X		X	X	X	X		X	X	
PLO 3	X	X		X		X	X		X	X											X		
PLO 4	X			X	X	X	X		X	X		X	X	X			X			X	X		
PLO 5			X	X		X	X		X			X	X	X	X		X	X		X	X		
PLO 6			X		X	X	X	X	X	X		X	X	X	X			X		X	X		
PLO 7	X					X	X	X	X						X			X		X	X		
PLO 8			X			X	X	X							X				X		X		
PLO 9						X	X									X			X	X	X		X
PLO 10	X	X									X					X			X			X	X

Venutai Women's College of Education * Satara *

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